

BRIDAL

PREPARING FOR YOUR

TRIAL



alex bronwyn

MAKE UP ARTIST

Preparing for Your Bridal Makeup Trial

With Alex Bronwyn MUA



Your bridal makeup trial is an essential step in creating your perfect wedding-day look. This appointment allows us to refine your vision, tailor the makeup to your features, and ensure everything feels aligned, comfortable, and long-lasting. To get the absolute most out of your trial, please review and follow the checklist below.

Before Your Appointment

1. Skin Preparation:

Arrive with clean skin, free from all makeup and skincare products.

Avoid trying new skincare in the week leading up to your trial to prevent irritation or breakouts.

If you are planning to wear fake tan on your wedding day, apply it for your trial as well.

Do not tan your face, as this can affect colour matching and texture.

CHECKLIST BOX

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2. Hair Preparation:

Style your hair similar to how you plan to wear it on the wedding day.

This does not need to be professionally done — a rough up-do, waves, or pinned style is perfect.

Having your hair styled helps ensure the makeup complements the overall bridal look.

3. Clothing:

Wear a white or light-coloured, off-the-shoulder or strapless top.

This helps replicate your wedding dress neckline and ensures accurate colour balance for makeup.

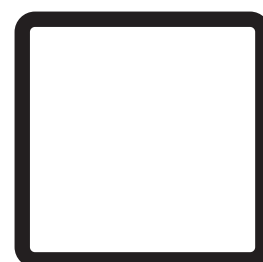
CHECKLIST BOX

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Lashes, Brows & Hair Removal

- Lashes should be natural, or if you wear extensions, have them done fresh before your appointment.
 - No lash lifts prior to your bridal trial, as they can interfere with strip or individual lashes.
- Complete any waxing or dermaplaning at least 3 days prior to your appointment to allow the skin to calm.
- Avoid brow lamination or new treatments right before your trial unless previously discussed.

CHECKLIST BOX



Aesthetic & Skin Treatments

- If you are planning any aesthetic treatments (such as injectables, skin boosters, or peels), these must be done a minimum of 2 weeks prior to your bridal trial.
- This allows swelling, bruising, or skin texture changes to fully settle.

CHECKLIST BOX

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What to Bring With You

- A list of questions or concerns about your bridal makeup.
- Inspiration photos that reflect the overall vibe you love (makeup, hair, skin finish, or bridal aesthetic).
- Any favourite makeup products you love and wear regularly.
- A lipstick or lip liner you feel confident in, especially if you plan to use it on the wedding day.

CHECKLIST BOX

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Appointment Details

- Please allow up to 1.5 hours for your bridal trial.
- This time is dedicated to:
 - Discussing your vision
 - Skin preparation
 - Makeup application
 - Adjustments and refinements
- Trials are collaborative — feedback is encouraged so we can perfect your look

Helpful Tips (Often Forgotten)

- Avoid heavy alcohol consumption the night before to prevent puffiness or dehydration.
- Drink plenty of water in the days leading up to your appointment for optimal skin hydration.
- Bring your veil or accessories if you already have them — this can help finalise balance and placement.
- Take photos in natural lighting after your trial to see how the makeup wears throughout the day.

CHECKLIST BOX

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A woman with blonde hair styled in a high bun, wearing clear-framed glasses and a white button-down shirt, is sitting on a light-colored couch. She is looking directly at the camera with a slight smile. The background is softly blurred, showing a window with white curtains and some decorative branches.

Final Note

Your bridal trial is not about rushing — it's about refining, adjusting, and creating a makeup look that feels like you, just elevated. The more prepared you are, the more seamless and enjoyable the experience will be.

If you have any questions before your appointment, feel free to reach out.

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